

It's **GAME OVER** for smelly bins

**POWER
UP!**

by using your **WEEKLY**
food recycling collection

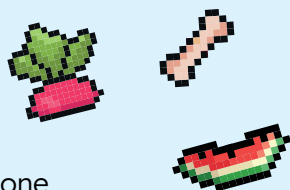


This leaflet includes important
information from your local council.

Working in partnership with



Let's talk about food recycling



Hey you, yes you! Food recycling matters to everyone, because we all eat, and we all throw food away. What you do with it makes a difference.

This leaflet is for everyone whether:

- ▶ you're a food recycling pro but want the latest tips to make the most of your free liners
- ▶ you're looking to get more out of your **WEEKLY** food recycling collection
- ▶ you're just getting started and need to know how

By providing a **free**, one-off roll of caddy liners, a sticker for your general rubbish bin, and this leaflet, we're making it **easier** for everyone to recycle their food.

Beat smells with **WEEKLY** food recycling collections and unlock the next level: a fresher general rubbish bin.

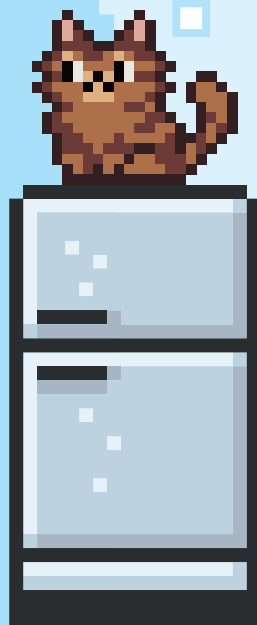
Game over
for smells that
hang around!

What happens to your food?

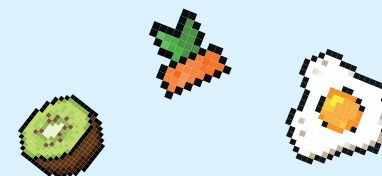
Your food is taken to an anaerobic digestion facility where it is turned into **energy** for homes and **fertiliser** for Essex farms.

Last year, Uttlesford recycled enough food to power around **32,000 fridges for a month!**

If you're yet to start recycling your food, now's the perfect time. It only takes a few seconds and every scrap helps.



Three easy steps to using your food recycling caddy



1

Put a liner in an indoor caddy or any suitable container.



2

Place all food in the liner – every crumb counts!



3

Tie the liner and regularly transfer it to your outdoor caddy for **WEEKLY** collection.



Top tip: We've included liners to make things easier, but it's your choice whether you'd like to use them. Some people prefer them to help keep food contained.

No caddy? No problem! Order a free food recycling caddy here:

▶ lovessex.org/food-caddy

Did you know?

Your food recycling is collected **WEEKLY**, keeping your general rubbish bin fresher for longer.



For more information and to see a video of how your food is recycled, visit:

▶ lovessex.org/food-recycling

Thank you for making food recycling work for you.
It really makes a difference!

What goes in your caddy?

All food can be placed in your **food recycling caddy**, just make sure to remove any packaging first.

Yes please:

- ✓ plate scrapings
- ✓ fish and meat bones
- ✓ fruit and vegetable scraps
- ✓ cheese
- ✓ eggs, including shells
- ✓ bread, cakes, and pastries
- ✓ crisps, sweets, and chocolate
- ✓ tea and coffee grounds
- ✓ raw and cooked food
- ✓ mouldy and out-of-date food

No thanks:

- ✗ any packaging
- ✗ liquids, like milk and oil
- ✗ pet waste
- ✗ garden waste
- ✗ anything that is **NOT** food

Packaged food gone off?

- ▶ empty the food into your caddy
- ▶ rinse the packaging and place in the appropriate recycling bin

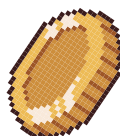
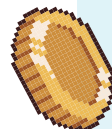
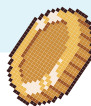
What would you do with £1,000?

The average household in Uttlesford throws away £1,000 of edible food every year – that's money straight in your bin.

Make your food go further by taking part in our **free Love Essex challenge**.

Unlock useful tips and tricks by signing up here: loveessex.org/food

Cut me out and keep me!



Read me, then recycle me along with your paper.

